

## WARNINGS & CAUTIONS

Use NuLids only under care of an eye doctor.

Discontinue treatment & consult your eye care professional if discomfort on eyelids or eyeball is noted.

Always use the lubricant gel or lid hygiene product recommended by your eye care professional.

**DO NOT** re-use Soft Tips. Dispose after a single treatment to avoid infection or injury.

**DO NOT** share a NuLids Soft Tip with another person.

Keep the handpiece dry and free from excess liquids.

Refer to the User Manual located at [www.NuSightMedical.com](http://www.NuSightMedical.com) for complete instructions for use.

**DO NOT** put the Soft Tip on your eye or anything other than the eyelids.

**DO NOT** conduct treatment more frequently or for a longer period than recommended.

## AVAILABLE RESOURCES

Visit [www.NuSightMedical.com](http://www.NuSightMedical.com) to:

- Read the User Manual
- Watch videos on “How to Use NuLids”
- Email or call our Customer Solutions team

## NUSIGHT MEDICAL CUSTOMER SOLUTIONS

**Email:** [CS@NuSightMedical.com](mailto:CS@NuSightMedical.com) (or)

**Phone:** 1-833-368-5437, ext 1

- Get answers to product usage questions
- Order more NuLids Soft Tips
- Enroll in the automatic refill program
- Share your success story!



## NuSight Medical®

*Dry eye relief...In the blink of an eye*

18029 Calle Ambiente, Suite 509  
Rancho Santa Fe, CA 92067  
[www.NuSightMedical.com](http://www.NuSightMedical.com)  
1-833-368-5437



# NuLids®

## QUICK START GUIDE\*



## STEP 1:

Go to [www.go.nusightmedical.com/registration](http://www.go.nusightmedical.com/registration) to check if the device is registered. This ensures you are listed as the owner, receive product notices and updates and are able to order Soft Tips.

## STEP 2: CHARGE THE HANDPIECE

**First Time Use:** Charge handpiece fully until solid green light seen.

**Future Uses:** Re-charge handpiece when amber light flashes. Charging is complete when flashing green light turns solid.

## STEP 3: PREPARE FOR USE

- Remove eye makeup and wash hands.
- Press On/Off button on handpiece once.  
Result: White light on tip.
- Align opening on top of handpiece with peg on Soft Tip until it magnetically snaps into position. Confirm the Tip is firmly in place.



- Apply doctor recommended lubricant gel or lid hygiene product to the Soft Tip.



## STEP 4: BEGIN TREATMENT

- **Go to Step 4A (Indirect Method) or**
- **Go to Step 4B (Direct Method)**  
**Based on your doctor's recommendation.**

## STEP 4A: INDIRECT METHOD



- Close one eye gently.
- Place edge of Soft Tip at intersection of upper and lower lids at the lash line and eyelid margin.
- Press the "On" button.
- Move oscillating Soft Tip slowly with even pressure from one side of the lid to the other for 30 seconds.
- Move to opposite eye for 30 seconds and treat in same manner.
- Press On/Off button to stop handpiece.
- Dispose of used Soft Tip.

Note: Handpiece pauses after 15 seconds. Pauses are designed to give estimate on treatment length.

### Suggestions

Use a mirror until you are comfortable with tip placement.

Be conscious of where you place the face of the Soft Tip prior to treatment.

Unplug handpiece from the USB cord prior to treatment.

Experiment with holding the handpiece to find what is comfortable.

Keep the Soft Tip in contact with the lash line and eyelid margin for best results.

## STEP 4B: DIRECT METHOD



Lower Lid

Upper Lid

### Treating Lower Lids

- Select a lower lid. Pull lower lid down gently with opposite hand while looking up.
- Apply Soft Tip to lower lid edge and lash line.
- Press the "On" button.
- Move oscillating Soft Tip slowly with steady, even pressure from one side of lid to other for 15 seconds.
- Repeat on opposite lower lid for an additional 15 seconds.

Note: Handpiece pauses after 15 seconds. Pauses are designed to give estimate on treatment length.

### Treating Upper Lids

- Select an upper lid. Gently close lid. Pull up slightly on the lid for access to whole upper lid margin.
- Apply edge of Soft Tip to upper lid edge and lash line.
- Move oscillating Soft Tip slowly with steady, even pressure from one side to other for one 15 seconds.
- Repeat on opposite upper lid for final 15 seconds of treatment.
- Press On/Off button to stop handpiece.
- Dispose of used Soft Tip.